

Mennonite Brethren Biblical Seminary
MF-670 MF-671 Practicum I and II
Fall/Spring 2009-2010 3 Units Each Semester
Tuesdays 4:15 pm to 6:00 pm

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Office Hours: Mondays 3:00 pm - 4:00 pm, Tuesday 2:00 pm – 4:00 pm, Wednesdays 11:00 am – 11:45 am, and by appointment

Course Description: A supervised counseling experience with an approved supervisor, group feedback, and evaluation. Practicum requires that the student apply classroom knowledge in interviewing, assessment, diagnosis, prognosis, and treatment of individual and family dysfunctions.

Course Objectives:

At the end of Practicum I students will have made significant progress toward the objectives for Practicum II described below.

At the end of Practicum II students will:

1. Provide counseling services for adults, adolescents, children, couples, and families at an appropriate level for a student who is prepared to begin an M.F.T. internship (see grading criteria).

2. Behave in an ethical and professional manner, appropriate to a beginning

M.F.T. intern, including appropriate and accurate record-keeping, maintaining appropriate boundaries, maintaining appropriate limits of confidentiality in counseling, and appropriately addressing multiple relationships.

3. Utilize supervision and peer review in an appropriate and professional manner.

4. Articulate a theory of counseling that describes and guides their behavior in counseling.

5. Clearly articulate their understanding of the integration of psychology and biblical theology as it describes and guides their behavior in counseling.

Related Degree Objectives

At the end of Practicum I students will have made significant progress toward the objectives for Practicum II described below.

At the end of Practicum II students will:

1. (1.1) Practice spiritual disciplines that promote maturing authentic discipleship.
2. (1.2) Demonstrate self-awareness that promotes maturing, authentic humanity.
3. (1.3) Accept coaching through supervision relationships under the auspices of MBBS.
4. (2.2) Articulate and develop a biblical view of leadership and Christian ministry in the world.
5. (4.1) Articulate integrative views of humanity, theology, and counseling.
6. (4.2) Demonstrate understanding of individual and family life cycle development and intervention across the life span.
7. (4.3) Demonstrate appropriate use of one's personal self in response to human need.
8. (4.4) Demonstrate practice consistent with the laws and ethics that apply to marriage, family, and child counseling.
9. (4.5) Demonstrate understanding of a wide variety of counseling theories and techniques.

10. (4.6) Demonstrate knowledge of mental disorders, within the scope of practice for marriage, family, and child counselors.
11. (4.7) Demonstrate proactive understanding, awareness, and relational skills across cultures, religions, and special populations.
12. (4.8) Demonstrate proactive commitment to a community of witness, justice, and peace.
13. (4.9) Develop the ability to understand, utilize, and evaluate research and assessment tools.

Resources:

Required Reading:

Practicum manual

Articles as assigned

Kottler, J. A. (1996). *Finding your way as a counselor*. Alexandria, VA: American Counseling Association.

L'Engle, M. (1980). *Walking on water*. New York: North Point Press.

Shafranske, E. P. (Ed.) (1996). *Religion and the clinical practice of psychology*. Washington, D.C.: American Psychological Association.

Ulanov, A. & Ulanov, B. (1982). *Primary speech*. Westminster John Knox Press.

Wiesel, E. (1960). *Night*. New York: Bantam.

Note: There is so much to read regarding becoming a professional Christian counselor, students may not use these texts if they have read them in another context. If they have read an assigned text previously, please talk to the instructor who will assign an alternative text.

Recommended Reading:

Bohart, A. C. & Tallman, K. (Eds.) (1999). *How clients make therapy work: The process of self-healing*. Washington DC: APA.

- Boscolo, L., Ceccen, G., Hoffman, L., & Penn, P. (1987). *Milan systemic family therapy: Conversations in theory and practice*. New York: Basic.
- Carter, J. D., & Narramore, S. B. (1979). *The integration of psychology and theology: An introduction*. Grand Rapids: Zondervan.
- Farnsworth, K. E. (1980). Christian psychotherapy and the culture of professionalism. *Journal of psychology and theology*, 8, 115-121.
- Foster, R. J. (1978). *Celebration of discipline*. New York: Harper & Row.
- Gregersen, N. H., Drees, W. B., Gorman, U. (Eds.). *The human person in science and theology*. Grand Rapids, MI: Eerdmans.
- Hall, M. E. L., & Hall, T. W. (1997). Integration to the therapy room: An overview of the literature. *Journal of Psychology and Theology*, 86-101.
- Hubble, M. A., Duncan, B. L., & Miller, S. D. (Eds.) (1999). *The heart and soul of change: What works in therapy*. Washington DC: APA.
- Jeske, J. O. (1984). Varieties of approaches to psychotherapy: Options for the Christian therapist. *Journal of Psychology and Theology*, 12, 260-269.
- Jones, S. L. (1986). *Psychology and the Christian faith*. Grand Rapids: Baker.
- Johnson, R. A. (1986). *Inner work*. New York: HarperCollins.
- Johnson, E. L. & Jones, S. L. (Eds.). (2000). *Psychology and Christianity: Four views*. Downers Grove: InterVarsity.

- Kottler, J. A. (1991). *The reflective therapist: Confronting the personal and professional challenges of helping others*. (audiotape). San Francisco: Jossey-Bass.
- Kottler, J. A. (2000). *Doing good: Passion and commitment for helping others*. San Francisco: Jossey-Bass.
- McMinn, M. R. & Philipps, T. R. (Eds.). (2001). *Care for the soul: The integration of psychology and theology*. Downers Grove: InterVarsity.
- McMinn, M. R., & Campbell, C. D. (2007). *Integrative psychotherapy: Toward a comprehensive Christian approach*. Downers Grove, IL: Intervarsity.
- Miller, W. R. (Ed.) (1999). *Integrating spirituality into treatment: Resources for practitioners*. Washington, DC: APA.
- Minuchin, S. & Fishman, H.C. (1981). *Family therapy techniques*. Cambridge: Harvard.
- Nelson, A. A. & Wilson, W. P. (1984). The ethics of sharing religious faith in psychotherapy. *Journal of Psychology and Theology*, 12, 15-23.
- Oates, W. (1989). *The presence of God in pastoral counseling*. Nashville: Word.
- Simon, F. B., Stierlin, H. & Wynne, L.C. (1985). *The language of family therapy: A systemic vocabulary and sourcebook*. New York: Family Process.
- Stevenson, C. H., Eck, B. E., & Hill, P. C. (2007). *Psychotherapy & Christianity integration: Seminal works that shaped the movement*. Batavia, IL: Christian Association for Psychological Studies.

- Tan, S. Y. (1987). Interpersonal integration: The servant=s spirituality. *Journal of Psychology and Christianity*, 6(1), 34-39.
- Tan, S. Y. (1990). Explicit integration in Christian counseling. *The Christian Journal of Psychology and Counseling*, 10(2). 7-13.
- Tan, S. Y. (1991). Religious values and interventions in lay Christian counseling. *Journal of Psychology and Christianity*, 10(2), 173-182.
- Tan, S. Y. (1992). The Holy Spirit and counseling ministries. *The Christian Journal of Psychology and Counseling*, VII(3), 8-11.
- Tan, S. Y. (1994). Ethical considerations in religious psychotherapy: Potential pitfalls and unique resources. *Journal of Psychology and Theology*. 22. 22, 389-394.
- Tan, S. Y. (1996). Practicing the presence of God: The work of Richard J. Foster and its applications to psychotherapeutic practice. *Journal of Psychology and Christianity*, 15, 17-28.
- Tan, S. Y. (1997). The role of the psychologist in paraprofessional helping. *Professional Psychology: Research and Practice*, 28, 368-372.
- Tan., S. Y. & Gregg, D. H. (1997). *Disciplines of the Holy Spirit: How to connect with the Spirit=s power and presence*. Grand Rapids: Zondervan.
- Worthington, E. L. Jr., Kurusu, T. A., McCullough, M. E., & Sandage, S. J. (1996). Empirical research on religion and psychotherapeutic process and outcomes: A 10-year review and research prospectus. *Psychological Bulletin*, 119, 448-487.

Helpful journals include:

The Journal of Psychology and Christianity

The Journal of Psychology and Theology

Counseling and Values.

Helpful web sites include:

ASERVIC, available at: www.aservic.org

AAMFT, available at: <http://www.aamft.org/>

CAMFT, available at:

<http://www.camft.org/ScriptContent/index.cfm?section=entry>

Christian Association for Psychological Studies,
available at: www.caps.net

The Company Therapist, available at:
www.thetherapist.com/introduction.html

Psychology of Religion Pages, available at:
www.psywww.com/psyrelig

Psychotherapy.net, available at:
<http://www.psychotherapy.net/>

Course Outline:

The course will meet weekly, Tuesday evenings from 4:15 p.m. until 6:00 p.m. Most weeks (see course schedule below) from 4:15 p.m. to 5:15 p.m. the students will meet for “Counseling Roundtable.” During those meetings a case study will be presented and discussed with the wider seminary community. The remainder of the time the students will meet in a small group lead by Dr. Rose which will focus on the students’ personal development as counselors. When there is no Counseling Roundtable, the small group will begin at 4:15 p.m. and may end before 6:00p.m.

Learning Activities/Assignments:

1. Trainees will need to complete at least 440 trainee hours for the six credit units of practicum. This includes at least 250 hours of face to face counseling, under supervision, for Practicum I and II. (Students should therefore complete 220 hours each semester, including at least 125 of which are face to face counseling) **Trainees seeking AAMFT membership will need to complete 300 client contact hours prior to graduation.**

300 face to face counseling hours are the maximum a student can complete in Practicum I & II. Students who wish to complete more than 300 face to face counseling hours as a trainee must register for Practicum III.

*Students seeking licensure in jurisdictions other than California may have additional requirements for licensure. It is the student’s responsibility to be informed regarding licensure requirements in the jurisdiction(s) they are considering. Students are encouraged to gather this information as soon as possible as some additional requirements **must** be completed prior to graduation.*

The Practicum Manual also contains further details regarding

Practicum Requirements.

2. Book reports (not more than one page long) on each of the assigned readings. Reports are due on the following schedule:

Shafranske - September 15

(Introduction, at least one chapter *that you have not previously read* from Parts I, II, and III, and all of Part IV.)

Kottler - November 3

Wiesel - January 26

L=Engle - March 9

Ulanov - April 6

3. Presentation of at least two case studies (one each semester) at a Counseling Round Table. As part of the presentation students are to present an article from a peer reviewed journal relevant to the case. Date of presentations will be assigned at the first class meeting. **Extra credit will be given if the student's supervisor attends the presentation.** (See Practicum Manual for guidelines for presentation.)
4. A critical reflection on an incident in Practicum is due at each class meeting (see Practicum Manual for guidelines.)
5. A short (**not more than five pages**) paper describing the student's theory (theories) of counseling (for individual, couples, and family

counseling) and how it applies to their behavior as an M.F.T. trainee is due December 1, 2009.

6. A short (**not more than five pages**) paper describing the student's integration of Biblical theology and psychology and how it impacts the student's behavior as an M.F.T. trainee is due April 20, 2010.
7. Weekly submission to Dr. Rose of a three ring binder containing a record of counseling hours and supervision. Dr. Rose will provide notebook dividers for students in the class. It is to be turned in by 12:30 p.m. Tuesday. Text of updates may be submitted electronically, provided they do not include confidential information. However, hard copies, with instructor's comments must be filed in the binder. It will be returned at class Tuesday afternoon. A random sample of critical incidents and reports of supervision will be read and commented on by the instructor.

The binder will include:

1. Supervision contracts (if completed), responsibility statements, and memoranda of understanding
2. Copy of current face sheet for professional liability insurance
3. Signed weekly report on all supervision received
4. Signed BBS report of hours (updated weekly)
5. Weekly Summary Sheets
6. Reading Reports
7. Critical Reflections
8. Theory and Integration Papers
9. Semester Evaluation of Trainee **12/8/09 & 4/27/10**

One evaluation completed by each supervisor and one by trainee for each placement site – please note that

each copy requires a signature from the student, a supervisor, and the practicum instructor.

10. Semester Evaluation of Supervision for each supervisor **due only at end of second semester: 4/27/10.**

Because the binder contains confidential information, binders may not be left in the instructor's box. Binders must be either placed in the instructor's office or given directly to an appropriate person (such as the north wing receptionist).

A copy of sections 1, 3, 4, 5, 8, 9, and 10 of your binder (including *signed* reports of supervision) must be turned in and permanently filed in the vault prior to graduation.

8. At the end of first semester (December 1, 2009) a video recording of two live therapy sessions (one with an adult, couple, or family and the other with a child/one from each site) along with completed "Information to Accompany Video Tape" forms are due. As the tapes contain confidential information you must also enclose a copy of an appropriate consent form with the tape. If a practicum site will not allow video taping, an audio tape or written verbatim may be substituted.

Please note: all assignments, including class attendance, are required. (Attendance at a ministry case study presentation, CAPS meeting, or other event that involves a professional integration of theology and counseling may be substituted for class missed due to illness or emergency.) All assignments, including evaluations by supervisor must be completed before a grade is submitted to the registrar.

**All students must obtain professional liability insurance
prior to beginning their placement.**

Most professional organizations (CAMFT, AAMFT, CAPS, ACA) provide liability insurance for student members either as part of their membership or at very low costs.

Grading Criteria:

- A. Semester Evaluation Forms completed by supervisors at each site.
75% of grade
Evaluation will assess the student=s ability to:
 - 1. Assess client=s condition.
 - 2. Connect emotionally with clients.
 - 3. Develop treatment plans and apply them.
 - 4. Develop and follow a theoretical perspective.
 - 5. Keep appropriate records of treatment.
 - 6. Manage time appropriately.
 - 7. Use research.
 - 8. Behave ethically and professionally with clients and other professionals.
- B. Semester Review of video tapes of therapy by the instructor. The review will assess the student=s ability to:
 - 1. Assess client=s condition.
 - 2. Connect emotionally with clients.
 - 3. Apply techniques appropriately.
 - 4. Develop and follow a theoretical perspective.5% of grade
- C. Appropriate and Required Record-Keeping
5% of grade
- D. Responsiveness to Supervision. The student=s cooperation and

involvement in supervision is expected.

5% of grade

E. Quality of Written Assignments.

10% of grade

F. Maintenance of High Ethical Standards.

Unethical behavior may result consequences up to dismissal from the class with a grade of >F=.

(See Practicum Manual for copy of policy regarding unethical behavior.)

Seminary Academic Polices: Academic Policies. MBBS academic policies (as well as other school policies) are described at <http://www.mbseminary.edu/fresno/policies/>. These policies provide guidance on academic integrity and plagiarism, accommodation for disabilities, incomplete course work, extensions, dates for changing registration, non-discriminatory and inclusive language, appeals, etc. Students are expected to be familiar with these policies and will be held responsible for adhering to them. If you have questions about how these policies relate to you or to a situation that you face in your studies, please speak to the professor or consult the Registrar.

Course evaluations are to be completed online and are due one week after the completion of the course. Official grades will not be posted until the student's evaluation of the course is completed.

Students who wish to complete either Practicum I or Practicum II in more than one semester must make prior arrangements with the instructor.

Practicum Schedule

2009-2010

(Tentative Schedule, May Be Changed As Needed by the Instructor)

Date	Activity*	Assignments Due
August 25	Practicum	Roundtable Calendar
September 1	Counseling Roundtable	
September 8	Counseling Roundtable	
September 15		
September 22	Counseling Roundtable	Shafranske Report
September 25-27	MBBS Fall Retreat	
September 29	Counseling Roundtable	
October 1-4	AAMFT Conference Sacramento	
October 6	Practicum	
October 13	Module Week, No Class	
October 20	Counseling Roundtable	
October 27	Counseling Roundtable	

November 3	Practicum	Kottler Report
November 10	Counseling Roundtable	
November 16	Orientation for 2010-2011 Practicum	
November 17	Counseling Roundtable	
November 23	No Class, Dr. Rose out of Town for Thanksgiving What is the Chief End of Humanity? To Glorify God and to Enjoy Him Forever!	
December 1	Practicum	Video Recordings & Theory Paper Binder with Trainee Evaluations
December 8	Practicum	
TBA	Practicum Christmas Party	
December 9-13	Evolution of Psychotherapy Conference Anaheim	
January 26	Practicum	Wiesel Report
February 2	Counseling Roundtable	

February 9	Counseling Roundtable	
February 16	Practicum	
February 17-19	Fuller Integration Symposium Pasadena	
February 23	Counseling Roundtable	
March 2	Counseling Roundtable	
March 9	Practicum	L'Engle Report
March 15	Counseling Roundtable	
March 23	Counseling Roundtable	
March 30	Practicum	
April 6	Counseling Roundtable	
April 13	No Class CAPS International Conference	
April 20	Counseling Roundtable	Ulinov Report Integration Paper Video Recordings, Binder with Trainee Evaluations, & Supervisor Evaluations

April 27

Practicum

May 4

Fall Practicum/Graduation Party (Date negotiable)