

MF 790SA Counseling Sexual Addictions
Mennonite Brethren Biblical Seminary
Fall 2009

November 13, 5-9 p.m. and November 14, 9 a.m. to 5 p.m.

Instructor: Mary Anne Fifield, DMFT, CAS, CSAT
408.486.0110
maf@mafifield.com

Course Description: This course will acquaint students with a basic understanding of addiction, with the primary focus on sex addiction. Areas to be highlighted are: the brain, attachment trauma, co/contradependency/addiction interaction, Carnes Addiction System and if there is time, the theology of the 12-Steps as the program for recovery. The class will offer brief breaks, but no lunch break. *Please plan on bringing your meals, as we will use every available moment to cover all the material.* There will be a paper required for those wanting credit. 13 CEU's are offered also.

Course Objectives and Outcomes:

- To give participants an understanding of the basic underpinnings of addiction.
- To give participants a comprehensive overview of sex addiction.
- To give participants a brief plan for treatment.
- To give participants an understanding of why the 12-Step programs are so effective.

Related Degree Outcomes:

- 2.4 Analyze, synthesize, and engage contemporary church and world issues from a biblical theological perspective
- 4.1 Articulate integrative views of humanity, theology, and counseling
- 4.5 Demonstrate understanding of a wide variety of counseling theories and techniques
- 4.6 Demonstrate knowledge of mental disorders, within the scope of practice for marriage, family, and child counselors

Expectations:

- Participants will arrive on time and attend all of the instruction.
- Participants will plan on eating any meals during the class.
- Cellphones will remain off during the sessions.
- Participants will need to take care of their own reactions to the graphic nature of the material by using their support system.

Course Requirements:

- A paper of 10+ pages is required containing:
 - The diagram of the Carnes Addiction System
 - Detailed description of each of the 10 areas
 - Using the vignette provided, demonstrating just how the System could be used to explain to the client just what was going on.
 - The paper and all other communication will be via Dr. Fifield's email as listed above.
 - The paper is due by November 30.

Reading materials provided in class.

- Class attendance.

Grading Scale:

A =	90-100%	Excellent
B =	80-89%	Expected
C =	70-79%	Below Expectation
F =	< 69%	Unacceptable.

Assignments: Assignments must be turned in on time for full credit. **Late assignments will result in loss of one letter grade for each week late. Failure to comply with APA format will result in the paper being returned.** Please refer to the *Academic Handbook* if you need to file for an extension

Suggested Reading:

- Any of Dr. Patrick Carnes books.
- *Facing the Shadow* by Dr. Carnes is a workbook that could be used with a client in a private practice.
- *Clinical Management of Sex Addiction* by Dr. Carnes and Ken Adams is also a good choice.
- A Bibliography will be provided to the participants.

Seminary Academic Polices: Academic Policies. MBBS academic policies (as well as other school policies) are described at <http://www.mbseminary.edu/fresno/policies/>. These policies provide guidance on academic integrity and plagiarism, accommodation for disabilities, incomplete course work, extensions, dates for changing registration, non-discriminatory and inclusive language, appeals, etc. Students are expected to be familiar with these policies and will be held responsible for adhering to them. If you have questions about how these policies relate to you or to a situation that you face in your studies, please speak to the professor or consult the Registrar.

Course evaluations are to be completed online and are due one week after the completion of the course. Official grades will not be posted until the student's evaluation of the course is completed.

SEX ADDICTION BIBLIOGRAPHY

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- McDaniel, K. (2008). *Ready to heal: Women facing love, sex & relationship addiction*. Carefree: Gentle Path.
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ADDICTIONS BIBLIOGRAPHY

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