

## MENNONITE BRETHERN BIBLICAL SEMINARY

**COURSE:** MF-790SA  
**TITLE:** COUNSELING SEXUAL ADDICTIONS  
**UNITS:** 0.5 UNITS  
**OFFERED:** FALL 2006  
**INSTRUCTOR:** MARY A. SHAMSHOIAN, MA, LMFT  
**TELEPHONE:** (559) 452-1778  
**SCHEDULE:** 6:00 - 9:00 PM, FRIDAY 9/22 &  
8:30 AM- 12:30 PM, SATURDAY 9/23  
**LOCATION:** MANITOBA ROOM

### **COURSE DESCRIPTION:**

Through presenter Mary Anne Fifield, DMFT, CAS, CSAT, and required assignments, this course will offer an overview of 8 core imperatives that need to be addressed for successful recovery from sex addiction. These imperatives include: the Brain, Theology of the 12 Steps, Attachment Trauma, Co/Contra-dependency, Addiction Interaction Disorder, and Couple Recovery. The participants will have an opportunity to process their own emotional responses to the material, which are potential countertransference minefields.

### **COURSE OBJECTIVES:**

Students will gain an understanding of the nature of and the damage done by sex addiction, gain skills to help sex addicts find freedom from their addiction, learn how to help the partner find hope and healing, learn how recovery is a grace-initiated and grace-sustained process that is available for both addict and partner, become informed about the current scourge of internet pornography and the effects on the brains of addicts, become familiar with concrete tasks for use in treatment. The goal of this class is to acquaint and equip clinicians to better treat this difficult population.

### **REQUIRED READING:**

Flores, Phillip J. (2004). Addiction as an Attachment Disorder. Lanham, Maryland: Jason Aronson

### **COURSE REQUIREMENTS AND EVALUATION:**

Participants must attend the presentations in their entirety to receive academic or continuing education credit. The course letter grade will be based on the evaluation of a four to five page paper outlining concretely the use of the Carnes Addiction System diagram as it illuminates at least two of the remaining 7 core imperatives. This paper will be due to Mary Shamshoian by October 13<sup>th</sup>. The grading scale may be found at [www.mbseminary.edu/fresno/policies/grading](http://www.mbseminary.edu/fresno/policies/grading).

### **COURSE POLICIES:**

Please refer to the MBBS Academic Handbook, available online.