

MF 635 Aging & Long Term Care
(Mennonite Brethren Biblical Seminary)
Summer Session 2006 (1 unit)
June 17th & 24th
8:30 AM – 1:30 PM

Instructor: Donna Callahan MSW
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Course Description: This course will acquaint students with the developmental stages of aging and the resources available to elders and those who work with them in any context. Special attention will be given to the spirituality of aging, the mental health concerns, diverse aging populations, and the issues of care giving and long term care. The class will be conducted in two Saturday sessions with reading and video sessions required outside of class. There will be a required 12-15 page research paper and two reading / video response papers.

Course Objectives:

- To give students an understanding of the developmental, psychological, physical, and spiritual aspects of aging
- To prepare students to work with aging individuals, their families, and small groups
- To prepare students to prevent and/or deal with cases of elder abuse
- To promote successful, healthy aging by preparing mental health professionals to offer appropriate services to the elderly and their care givers and/or families

Expectations:

- Students will attend both days of in class instruction.
- Students will read required readings prior to class to be prepared for that day's class discussion.
- Students will view four hours of video presentation outside of class and will write a response paper following the guidelines provided.
- Students will write an 8-10 page paper on a topic agreed upon with the instructor.
- Students will write a response paper to the elder abuse presentation.

Required Texts:

Kennedy, Gary J. *Geriatric Mental Health Care*. 2000, Guilford Press, New York

Moberg, David O. *Aging and Spirituality: Spiritual Dimensions of Aging Theory, Research, Practice and Policy*. 2001, The Haworth Press, New York

Pollock, George H. & Greenspan, Stanley I. Eds. *The Course of Life*,

Vol. VII: *Completing the Journey* 1998, International Universities Press, Connecticut

Additional Suggested Readings:

- Markson, Elizabeth W.
& Hollis-Sawyer, Lisa Ann. *Intersections of Aging*. 2000, Roxbury Publishing Company, Los Angeles, CA.
- McLeod, Beth W. Ed. *And thou shalt honor*. 2002, Rodale
- Roff, Lucinda Lee
& Atherton, Charles R. *Promoting Successful Aging*. 1990, Nelson-Hall, Chicago
- Shenk, David *The Forgetting, Alzheimer's: Portrait of an Epidemic*. 2001, First Anchor Books, New York.

Additional Resource List attached to the back of the syllabus

Assignments:

Prior to first class meeting:

- Read Chapters 1 through 6 in *The Course of Life* and the printed handouts given to students and posted on line. Come to class prepared to discuss these reading assignments.
- View Video # 1 & 2 in the Annenberg Series *Growing Old in a New Age*. (VCR HQ 1064.u5 G762X 1993) Available in FPU Library
- Read *Aging and Spirituality* Chapters 1-3, 7-9, 12-14.

In between the two class sessions:

- View suggested videos assigned in first class
- Write a 2-3 page response to the video highlighting the new knowledge you have gained and its relevance to your work with elders and/or their care givers.
- Read assigned sections from *Geriatric Mental Health Care* and be prepared for class discussion

After the second class session:

- Write 2-3 page paper on Elder Abuse using guideline handed out in class. Due June 30th.
- Write a 8-10 page research paper on the topic of your choice as agreed upon with the instructor. Due 7/31/06

Tentative Class Schedule

6/17/06

8:30 – 8:45 AM	Introduction & opening prayer
8:45 AM	Reading Reports & discussion
9:15 AM	Lecture: Developmental Aging Strengths Perspective Theories & Realities of Aging
10:15 AM	Break
10:30 AM	Experiential Exercise on Aging
11:00 AM	Lecture: Alzheimer's Disease Other Dementia
12:00 PM	Video: Losing It All: the Realities of Alzheimer's Disease
1:15 PM	Wrap Up

6/24/06

8:30 AM	Opening prayer
8:45 AM	Class discussion of readings
9:15 AM	Lecture: Caring for Care givers Depression Resources available
10:00 AM	Video: And Thou Shalt Honor
10:45 AM	Break
11:00 AM	Lecture: Elder Abuse Prevention & Intervention Reporting Responsibilities
12:00 PM	Lecture: Successful Aging & Long Term Care
12:45 PM	Lecture & Discussion Spirituality in Aging
1:15 PM	Wrap Up

Grading:

2 short response papers	20 pts. Each	40 points
1 8-10 page paper	50 pts.	50 points
Attendance & Participation	10 pts	<u>10 points</u>
		100 points

Academic Policies: MBBS academic policies are described in the current *Academic Handbook*. The *Handbook* contains policies on such matters as incomplete work, extensions, academic integrity, non-discriminatory language, and academic appeals. Students are expected to be familiar with MBBS academic policies and to follow them. Copies of the *Academic Handbook* are available on the MBBS Website.