

Mennonite Brethren Biblical Seminary
MF-670 MF-671 Practicum I and II
Fall/Spring 2005-2006

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Course Description: A supervised counseling experience with an approved supervisor, group feedback, and evaluation. The practicum requires that the student apply classroom knowledge in interviewing, assessment, diagnosis, prognosis, and treatment of individual and family dysfunctions.

Course Objectives:

At the end of Practicum I students will have made significant progress toward the objectives for Practicum II described below.

At the end of Practicum II students will:

1. Provide counseling services for adults, adolescents, children, and families at an appropriate level for a student who is prepared to begin an M.F.T. internship (see grading criteria).
2. Behave in an ethical and professional manner, appropriate to a beginning M.F.T. intern, including appropriate and accurate record-keeping, maintaining appropriate boundaries, maintaining appropriate limits of confidentiality in counseling, and appropriately addressing multiple relationships.
3. Utilize supervision and peer review in an appropriate and professional manner.
4. Articulate a theory of counseling that describes and guides their behavior in counseling.
5. Clearly articulate their understanding of the integration of psychology and biblical theology as it describes and guides their behavior in counseling.

Related Degree Objectives (see Appendix 1 of the student handbook):

The student will have knowledge of:

1. The nature of psychopathology and its treatment
2. Cultural differences in defining values and pathology; goals, techniques, and resources for healing.
3. The vocabulary and terminology related to assessment and treatment methods in marriage, family, and child counseling.

The student will have skills in:

4. Counseling interventions with families, couples, and children.
5. Appropriate management of sexual feelings and issues.
6. Recognition of physical, emotional, and sexual abuse.
7. Theological understandings which undergird counseling practice.

The character of the student will be:

8. Able to confront and discuss various points of view so that options are increased, convictions are strengthened and respect for differences are increased.
9. Able to function with clear ethical standards and guidelines, whether licensed by the state or confirmed by a church.

The student will show the integration of biblical theology and psychology by:

10. Exploring the relationship of faith issues and counseling.
11. Exploring the implications of various assumptions regarding the person for pastoral counseling.
12. Critically reflecting on their assumptions regarding personhood and encouraging the development of convictions and character.
13. Critiquing approaches to personality in modernity and post-modernity.

Resources:

Required Reading:

Practicum manual

Articles as assigned

Kottler, J. A. & Hazler, R. J. (1997). *What you never learned in grad school: A survivor's guide for therapists*. NY: Norton.

Lamott, A. (2000). *Traveling mercies: Some thoughts on faith*. NY: Anchor.

L'Engle, M. (1980). *Walking on water*. New York: North Point Press.

Shafranske, E. P. (Ed.) (1996). *Religion and the clinical practice of psychology*. Washington, D.C.: American Psychological Association.

Ulanov, A. & Ulanov, B. *Primary speech*. Westminster John Knox Press.

Note: If students have read the assigned texts previously, alternative texts will be assigned.

Recommended Reading:

Bohart, A. C. & Tallman, K. (Eds.) (1999). *How clients make therapy work: The process of self-healing*. Washington DC: APA.

Boscolo, L., Ceccen, G., Hoffman, L., & Penn, P. (1987). *Milan systemic family therapy: Conversations in theory and practice*. New York: Basic.

Carter, J. D., & Narramore, S. B. (1979). *The integration of psychology and theology: An introduction*. Grand Rapids: Zondervan.

Farnsworth, K. E. (1980). Christian psychotherapy and the culture of professionalism. *Journal of psychology and theology*, 8, 115-121.

Foster, R. J. (1978). *Celebration of discipline*. New York: Harper & Row.

Gregersen, N. H., Drees, W. B., Gorman, U. (Eds.). *The human person in science and theology*. Grand Rapids, MI: Eerdmans.

Hall, M. E. L., & Hall, T. W. (1997). Integration to the therapy room: An overview of the literature. *Journal of Psychology and Theology*, 86-101.

Hubble, M. A., Duncan, B. L., & Miller, S. D. (Eds.) (1999). *The heart and soul of change: What works in therapy*. Washington DC: APA.

Jeske, J. O. (1984). Varieties of approaches to psychotherapy: Options for the Christian therapist. *Journal of Psychology and Theology*, 12, 260-269.

Jones, S. L. (1986). *Psychology and the Christian faith*. Grand Rapids: Baker.

Johnson, R. A. (1986). *Inner work*. New York: HarperCollins.

Johnson, E. L. & Jones, S. L. (Eds.). (2000). *Psychology and Christianity: Four views*. Downers Grove: InterVarsity.

Kottler, J. A. (1991). *The reflective therapist: Confronting the personal and professional challenges of helping others*. (audiotape). San Francisco: Jossey-Bass.

Kottler, J. A. (1996). *Finding your way as a counselor*. Alexandria, VA: American Counseling Association

Kotler, J. A. (2000). *Doing good: Passion and commitment for helping others*. San Francisco: Jossey-Bass

McMinn, M. R. & Philipps, T. R. (Eds.). (2001). *Care for the soul: The integration of psychology and theology*. Downers Grove: InterVarsity.

Miller, W. R. (Ed.) (1999). *Integrating spirituality into treatment: Resources for practitioners*. Washington, DC: APA.

Minuchin, S. & Fishman, H.C. (1981). *Family therapy techniques*. Cambridge: Harvard.

Nelson, A. A. & Wilson, W. P. (1984). The ethics of sharing religious faith in psychotherapy. *Journal of Psychology and Theology*, 12, 15-23.

Oates, W. (1989). *The presence of God in pastoral counseling*. Word.

Simon, F. B., Stierlin, H. & Wynne, L.C. (1985). *The language of family therapy: A systemic vocabulary and sourcebook*. New York: Family Process.

Tan, S. Y. (1987). Interpersonal integration: The servant's spirituality. *Journal of Psychology and Christianity*, 6(1), 34-39.

Tan, S. Y. (1990). Explicit integration in Christian counseling. *The Christian Journal of Psychology and Counseling*, 10(2). 7-13.

Tan, S. Y. (1991). Religious values and interventions in lay Christian counseling. *Journal of Psychology and Christianity*, 10(2), 173-182.

Tan, S. Y. (1992). The Holy Spirit and counseling ministries. *The Christian Journal of Psychology and Counseling*, VII(3), 8-11.

Tan, S. Y. (1994). Ethical considerations in religious psychotherapy: Potential pitfalls and unique resources. *Journal of Psychology and Theology*. 22, 389-394.

Tan, S. Y. (1996). Practicing the presence of God: The work of Richard J. Foster and its applications to psychotherapeutic practice. *Journal of Psychology and Christianity*, 15, 17-28.

Tan, S. Y. (1997). The role of the psychologist in paraprofessional helping. *Professional Psychology: Research and Practice*, 28, 368-372.

Tan., S. Y. & Gregg, D. H. (1997). *Disciplines of the Holy Spirit: How to connect with the Spirit's power and presence*. Grand Rapids: Zondervan.

Worthington, E. L. Jr. Kurusu, T. A., McCullough, M. E., & Sandage, S. J. (1996). Empirical research on religion and psychotherapeutic process and outcomes: A 10-year review and research prospectus. *Psychological Bulletin*, 119, 448-487.

Helpful journals include:

The Journal of Psychology and Christianity,
The Journal of Psychology and Theology,
Counseling and Values.

Helpful web sites include:

ASERVIC, available at: www.aservic.org

Christian Association for Psychological Studies, available at: www.caps.net

CAPS West Region's web site, available at: www.capswest.net

The Company Therapist, available at: www.thetherapist.com/introduction.html

Psychology of Religion Pages, available at: www.psywww.com/psyrelig

Course Outline:

The course will meet weekly, Thursday afternoons from 4:00 p.m. until 6:00 p.m. Most weeks (see course schedule below) from 4:00 p.m. to 5:00 p.m. the students will meet for "Pastoral Counseling Roundtable." During those meetings a case study will be presented and discussed with the wider seminary community. The remainder of the time the students will meet in a small group lead by Dr. Rose which will focus on the students' personal development as counselors. When there is no Pastoral Counseling Roundtable, the small group will begin at 4:00 p.m. and end at 5:30 p.m. While class does not meet during MBBS vacations or holy week, they will meet during module weeks.

Learning Activities/Assignments:

1. Completion of a total of 250 hours of face-to-face counseling (with appropriate additional time spent on administration, enrichment, and consultation) under supervision for Practicum I and II. (See Practicum Manual for Guidelines for complete details of required Practicum Hours.)

2. Book reviews (not more than one page long) on each of the assigned readings.

Reports are due on the following schedule:

Shafranske - September 30

(Introduction, at least one chapter *that you have not previously read* from Parts I, II, and III, and all of Part IV.)

Ulanov - November 11

Wolterstorff - January 13

L'Engle - February 17

Kottler - March 31

3. Presentation of at least two case studies (one each semester) at a Pastoral Counseling Round Table. As part of the presentation students are to present an article from a peer reviewed journal relevant to the case. Date of presentations will be assigned at the first class meeting. Extra credit will be given if the student's supervisor attends the presentation. (See Practicum Manual for Guidelines for presentation.)

4. A critical reflection on an incident in Practicum is due at each small group meeting (see Practicum Manual for Guidelines).

5. A short (**not more than five pages**) paper describing the student's theory of counseling and how it applies to their behavior as an M.F.T. trainee is due December 9, 2005.

6. A short (**not more than five pages**) paper describing the student's integration of Biblical theology and psychology and how it impacts the student's behavior as an M.F.T. trainee is due April 14, 2006.

7. Weekly submission to Dr. Rose of a notebook containing a record of counseling hours and supervision. The notebook will include the following sections:

1. Supervision contracts, responsibility statements, and memoranda of understanding
2. Copy of face sheet for professional liability insurance
3. Signed weekly report on all supervision received
4. Signed BBS report of hours (updated weekly)
5. Weekly Summary Sheets "Yellow Sheets"
6. Reading Reports
7. Critical Reflections
8. Theory and Integration Papers
9. Semester Evaluation by Supervisors

One by each supervisor and one by trainee for each placement site

10. Semester Evaluation of Supervision for each supervisor

Because the notebook contains confidential information, it is to be turned in 3:00 p.m. Thursday. It will be returned at class Thursday afternoon. Notebooks may also be turned in to Dr. Rose's office at AIU after 11:00 am on Thursday. **A copy of the contents of your notebook (including *original signed* supervision reports) must be turned in and permanently filed in the vault prior to graduation.**

8. At the end of each semester (December 16, 2005 and April 21, 2004) semester evaluation by supervisors and a video tape of a two live therapy sessions (one with an adult, couple, or family and the other with a child) is due. As the tapes contain confidential information you must also enclose a copy of an appropriate consent form with the tape.

Please note: all assignments, including class attendance, are required. (Attendance at a ministry case study presentation, CAPS meeting, or other event that involves a professional integration of theology and counseling may be substituted for class missed due to illness or emergency.) All assignments, including evaluations by supervisor must be completed before a grade is submitted to the registrar.

All students must obtain professional liability insurance prior to beginning their placement.

Grading Criteria:

A. Semester Evaluation Forms completed by supervisors at each site. Evaluation will assess the student's ability to:

1. Assess client's condition.
2. Connect emotionally with clients.
3. Develop treatment plans and apply them.
4. Develop and follow a theoretical perspective.
5. Keep appropriate records of treatment.
6. Manage time appropriately.
7. Use research.
8. Behave ethically and professionally with clients and other professionals.

70% of grade

B. Review of video tapes of therapy by the instructor. The review will assess the student's ability to:

1. Assess client's condition.
2. Connect emotionally with clients.
3. Apply techniques appropriately.
4. Develop and follow a theoretical perspective.

10% of grade

C. Appropriate and Required Record-Keeping

5% of grade

D. Responsiveness to Supervision. The student's cooperation and involvement in supervision is expected.

5% of grade

E. Quality of Written Assignments.

10% of grade

F. Maintenance of High Ethical Standards.

Unethical behavior will result in immediate dismissal from the class with a grade of 'F'.

Inclusive Language: MBBS is committed to the use of nondiscriminatory language in both class and assignments. Students are expected to follow APA guidelines for inclusive language in all papers and presentations.

Extensions Policy: Application for an extension in all courses must be made by either the final class session or by the date that the last assignments in that course are due, whichever date is latest. An application for an extension must be made on the form available at MBBS and is only complete when it is submitted to the Registrar and includes the signatures of both the student and the professor.

1. All work is due one month after the last day of classes for the grading period (see form for fees and due dates). If the work is not completed and submitted to the faculty on time, a grade will be given based on the work that was completed. If this is less than C-, an F will be recorded. The NC (No Credit) grade will be used only for courses that are being graded CR/NC. Faculty members may have additional or more specific extension and late assignment policies that will be outlined in their syllabi. (For example, no extensions are allowed, grades on late assignments will be lowered a specified amount, etc.)

No second extension will be allowed for the same class. Students cannot take extensions on two classes in the same semester.

Any exceptions to these policies in cases of family and professional emergency or illness must be made by the Academic Dean. Supporting documentation from a doctor, therapist, etc., may be required.

Students who demonstrate a pattern of requesting extensions frequently, will be counseled to adjust their academic load to a more manageable level. Students who require more than one extension at a time because of emergencies, may be advised to reduce their academic load while they complete the extensions and deal with the circumstances that required the extensions.

Students who wish to complete either Practicum I or Practicum II in more than one semester must make prior arrangements with the instructor.

**Practicum Schedule
2005-2006**

(Tentative Schedule, May Be Changed As Needed By The Instructor)

Date	Activity*	Assignments Due
September 1	Practicum	
September 9	Pastoral Counseling Roundtable	
September 15	Pastoral Counseling Roundtable Guest Presentation	
September 27	Special Guest discussing treating Tsunami survivors Wednesday Note Change!!! Time to be announced	
September 29	Practicum	Shafranske Report
October 6	Pastoral Counseling Roundtable	
October 13	Pastoral Counseling Roundtable (Yes, we do meet during Module Weeks)	
October 20	Pastoral Counseling Roundtable	
October 27	Pastoral Counseling Roundtable	
November 3	No Class Dr. Rose on Spiritual Retreat	
November 10	Practicum	Ulinov Report
November 17	Pastoral Counseling Roundtable	
November 24	No Class - Thanksgiving What is the Chief End of Man? To Know God and to Enjoy Him Forever!	
December 1	Pastoral Counseling Roundtable	Theory Paper Due
December 8	Pastoral Counseling Round Table	Video Tapes
December 15	Practicum	Trainee Evaluation Supervisor Evaluation

January 12	Practicum	Lamott
	What does 12 th night have to do with Counseling?	
January 19	Pastoral Counseling Roundtable	
January 26	Pastoral Counseling Roundtable	
February 2	Pastoral Counseling Roundtable	
February 9	No Class	
	Dr. Rose at Jews for Jesus Board Meeting	
February 16	Pastoral Counseling Roundtable	
February 23	Practicum	L'Engle
March 2	Pastoral Counseling Roundtable	
March 9	Pastoral Counseling Roundtable	
March 16	Pastoral Counseling Roundtable	
March 23	Practicum	Kottler & Hazler
March 30	Pastoral Counseling Roundtable	
April 6	Pastoral Counseling Roundtable	
April 13	No Class	
	Holy Week	
April 20	Practicum	Integration Paper Video Tapes
April 27	Practicum At Dr. Rose's Office	Trainee Evaluation Supervisor Evaluation

* Weeks where "Pastoral Counseling Roundtable" are scheduled will include a public case presentation from 4:00 p.m. to 5:00 p.m. followed by practicum group from 5:00 p.m. to 6:00 p.m. Weeks with only "Practicum" scheduled will meet from 4:00 p.m to 5:30 p.m.